

Real Time Pain Relief Helps People “Enjoy Living Again”

Real Time Pain Relief is a **Homeopathic** formula that has no harmful side effects and **works directly at the site of the pain**, Real Time Pain Relief is known to be effective with pain from:

- ★ Arthritis
- ★ Swelling
- ★ Back Pain
- ★ Stiffness
- ★ Muscle Strains
- ★ Fatigue
- ★ And Other Pain Related Symptoms



Real Time Pain Relief (RTPR) works on three levels at the site of the pain!

Helps Relieve Pain...Our ingredients go to work directly at the site of your pain. That means fast and targeted relief. No need for massive, body-wide doses of pain relievers soaking into every tissue in search of the one or two areas that need help. Our unique blend of natural ingredients delivers relief where it's needed, at the same time triggering the body's own pain-relieving mechanisms.

Helps Reduce Inflammation... Tissues that are swollen with inflammation aren't just tender; they're oversized, making movement more difficult and painful. Real Time Pain Relief has the best natural anti-inflammatory ingredients to help restore comfort with movement so you enjoy living again!

Helps Revitalize... With ingredients like MSM, Glucosamine, Chondroitin and more, you will experience amazing results and that means you are on your way to long-term, happy living!

Herbal, Nutritional and Homeopathic

Real Time Pain Relief is a unique formula that combines **Herbal, Nutritional and Homeopathic ingredients** to give your body soothing relief and help provide your body the necessary ingredients to heal itself.

Homeopathic - This means RTPR triggers your body's natural pain relief mechanisms. It is the faster-acting part of the formula and is responsible for what many people experience as "instant relief".

Herbal - Considered by many to be "the first medicine", many herbs have been in use since Biblical times to ease pain and help many other conditions. In many cultures, herbal medicine is the only medicine.

Nutritional - RTPR sends nutritional support right where it's needed, supporting you in the long run.

How Real Time Pain Relief Works

Emu Oil... is a fast acting skin penetrating oil. Because of this, *Emu oil is an excellent trans-dermal carrier for many other added moisturizers or therapeutic ingredients.* **Emu oil is used to reduce the pain & swelling of arthritis, and heal wounds.** Emu Oil is an effective anti-inflammatory.

The potency of the anti-inflammatory effect from Emu Oil is similar to ibuprofen without the negative side-effects commonly found with traditional prescription or corticosteroid based anti-inflammatory medications.



Glucosamine and Chondroitin... are two nutrients that support joint cartilage. Inside your joints, cartilage undergoes a constant process of breakdown and repair. However, to be properly repaired, the building blocks of cartilage must be present and available. – *Jonathan Cluett, MD – About.com*

MSM... relieves inflammation, warms the muscles, prevents and relieves soreness and assists healing.

Capsicum... cordifforme stimulates circulation, enhances blood flow and reduces Substance P (see Substance P article for details). The warming properties of Capsicum are useful for people suffering from poor **circulation to the hands and feet and other related conditions.** Capsicum is commonly used to buffer pain from other ailments, including arthritis, varicose veins and headaches.

Aloe Vera... leaves contain transparent gel that has been used topically for thousands of years to **treat wounds, skin infections, burns,** and numerous other dermatologic conditions.

Arnica Montana... is used on a wide range of conditions to soothe **muscles, reduce inflammation and heal wounds.** Arnica is great for **sprains, bruises, muscle aches, rheumatic pain, swelling due to fractures and trauma to soft tissues.**

Menthol... is an organic compound found in mint plants. It works by stimulating the skin's cold receptors and producing a **refreshing cooling sensation.**

RTPR is absorbed through the skin, carrying the active ingredients directly to the pain.

Natural Pain Relief that works with your body!

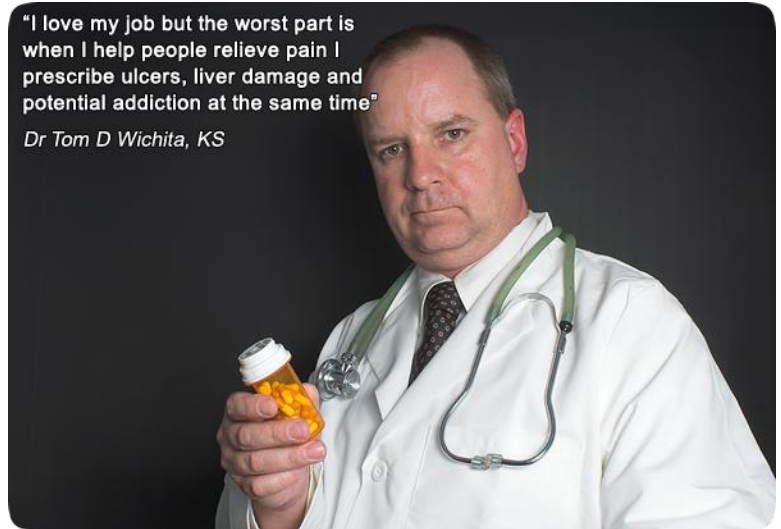
Oral Medication vs Topical

Which makes more sense? To take a pill that is filtered through your entire body OR to target your pain by rubbing Real Time Pain Relief directly on the site of pain!

Oral pain relief medications have three significant drawbacks:

- **Can cause internal damage over time.**
- **May not deliver relief where you need it.**
- **Over time they reduce pain tolerance, requiring increased dosages.**

Real Time Pain Relief uses time-tested ingredients to relieve bruising, swelling, and pain from injury, arthritis and muscle strain.



- ★ **Arnica Montana** - Arnica is used every day by people all around the world who want to relieve their pain without the negative side effects of oral drugs.

A randomized, double-blind study found **Arnica Montana** and ibuprofen to be similarly effective against arthritis pain in the hands and fingers.

- ★ **Capsicum cordiforme** (also known as *Capsicum annuum* or *Capsicum frutescens*) is an effective local analgesic. Further, Capsicum helps restore pain tolerance to pre-medication levels.

These ingredients deliver powerful relief right where you need it with none of the drawbacks of oral pain meds.

Real Time Pain Relief is a deep penetrating, pleasant smelling lotion; it absorbs quickly and our customers report almost immediate relief from pain. Plus, IT SMELLS GREAT and there is no lingering medicinal smell.

Real Time Pain Relief is safe, fast acting, and time-tested for efficacy. It is made in an FDA-monitored facility following current Good Manufacturing Practices (GMP), using only high-quality ingredients determined to be safe for everyday use.

Real Time Pain Relief Is Safe For Everyday Use With No Harmful Side Effects!

Substance P and RTPR

Substance P (SP) is a neurotransmitter—the substance in your body that travels (very quickly) from the site of an injury to your brain to shout, **“That HURTS!”** A pin prick will release a small amount, a hammer-blow to the thumb a greater amount, and a broken leg an even larger amount.

To understand it a little better, think of SP as a fleet of cars. At the site of an injury, a certain number of cars are dispatched to tell the central nervous system to feel pain. To deliver their message, the cars have to park in their assigned parking space. That is, the neurotransmitter, SP, has to “park” in a receptor site known as an NK1 receptor. Here’s why that’s important.

Ever since its discovery in 1931, scientists have been trying to figure out how to stop pain by blocking off the NK1 parking spots. So they use powerful drugs to dampen the communication along the neuro-pathways, shutting down the SP highway, so to speak. The thing is, when you do that, your body gets smarter and makes more SP, so when the drug wears off and the highways are reopened, there’s even more SP rushing to your brain to tell you how bad you hurt. This is why, over time, you have to take more and more painkillers just to get the same amount of relief.



What if, instead of closing the highways, you could just take a bunch of the cars out of the fleet? Can SP be reduced in the body? Yes. By the humble chili pepper—or at least a component of the capsicum family of plants of which the chili pepper is a member. That component is capsaicin, and it is well known as a pain reliever and for reducing SP.

When you’re able to use the pain-relieving power of the capsicum family, you end up doing yourself two really big favors: You relieve your pain AND you reduce the amount of SP in your body. That means a smaller fleet of those “hey—this hurts” cars.

If you have serious pain, it has taken time to build up the serious levels of SP in your body. Likewise, it will take time to start to bring that level down—as much as four weeks. But isn’t it great to know that you at least have a way to do it?

Just so you know, capsaicin itself can be irritating. You can’t use it too often, because it can cause an uncomfortable burning sensation. If it doesn’t burn, it’s not working. That’s one reason you won’t find capsaicin in Real Time Pain Relief.

Instead, we put a very potent but gentle form of capsicum in Real Time Pain Relief. Our results have been great, and because of the SP reducing qualities of the capsicum family of plants, you’re likely to need less and less the longer you use it, because you’ll have less and less Substance P.

Real Time Pain Relief Comparison

Real Time Pain Relief works at the site of your pain with more than a dozen ingredients the other products just can't give you!

Aloe Vera	✓	✓					✓	
Arnica	✓							
Capsicum	✓		✓	✓				
Chondroitin	✓							
Emu Oil	✓						✓	
Glucosamine	✓							
Menthol	✓	✓			✓	✓	✓	✓
Methylsulfonylmethane (MSM)	✓						✓	

* Biofreeze has one product in their line that contains Arnica- Logos are registered trademarks of their respective organizations

While there are over a dozen healing ingredients in our formula that allow Real Time Pain Relief to fight pain on three levels, let's take a look at a couple of our standouts:

- ★ **Capsicum** is the key ingredient as studies have shown that lowering **Substance P** levels, quieting your body's "pain alarm" so you feel less pain (see Substance P article for details) Products containing Capsicum/Capsaicin are often \$6.00-\$11.00 per ounce more expensive than Real Time Pain Relief. And truthfully, we could probably make RTPR less expensive by leaving it out, but the long-lasting results make it well worth the price.
- ★ **Emu Oil** is a pain reliever in its own right, but more importantly, it is a transdermal carrier, meaning it passes through the skin and carries the other ingredients to the problem area. Topical Analgesics (it will say this on the packaging) without emu oil often have little or no ability to carry relief much deeper than the first couple of layers of skin.

Real Time Pain Relief is the only leading topical pain reliever that is truly transdermal and equipped with Capsicum to lower Substance P.

Real Time Pain Relief Usage

Use Multiple, Light Applications

Real Time Pain Relief is absorbed through the skin, carrying the active ingredients down to the pain. Just as pain often comes in waves, RTPR penetrates in waves. Each additional application “pushes” prior applications deeper.

Effects Over Time

As your pain is eased, you’re likely to move more freely, which helps circulation and increases oxygen flow to your entire body. More movement often results in more energy, better distribution of nutrients, more effective movement of lymph fluids, and often, more restful sleep.

Usage Instructions

Usage: Rub a good amount of Real Time Pain Relief directly on the area of pain, then wait 5 minutes and reapply.

Caution: For external use only. Apply with clean hands. Keep out of reach of children. If soreness persists, consult your physician. Safety sealed for your protection.



Supporting Documentation for Substance P Statements:

Cantor, Aulendorf, ALLEMAGNE (1951) <http://cat.inist.fr/?aModele=afficheN&cpsidt=14107874>

John Purkiss <http://www.sciencedirect.com/science/article/pii/S0006295200002604>